



2025-2026 Rec Academy Program Rules

A. Attendance

1. Please arrive at the field 15 minutes before the start time of a game or practice.
2. Please notify our academy staff via email of any absences in advance so that we can plan accordingly.

B. Player Standards

1. To participate in FSCI soccer events, a player must comply with the following items.
 - a. Wear the proper uniform.
 - b. Wear shin guards.
 - c. Wear proper footwear - cleats (outdoor events) or indoor shoes (indoor events)
 - d. Bring water.
 - e. Bring a soccer ball.
2. FSCI reserves the right to remove a player from an activity, event, or the program for violations of the FSCI Code of Conduct.

D. Parent Expectations

1. The parent or guardian agrees to abide by the FSCI Code of Conduct
2. Parents must pick up their child no later than 15 minutes after the end of a practice, game, or other event.
3. FSCI reserves the right to remove a player or parent from an activity, event, or the program for any parent interference, parental instruction, or parental misconduct without a refund.

E. Communication

1. The calendar on our website contains the schedule of events.
2. FSCI posts cancellations or same-day schedule changes on the FSCI Facebook page and X page.
3. The parent is responsible for monitoring the calendar and Facebook/X pages prior to attending any event.
4. Parents are responsible for reading and understanding all club provided communications that includes but is not limited to club emails, parent meetings, social media postings, etc.
5. Parents are responsible for reading and understanding the Parent Handbook, Membership Plan, Membership Agreement, and Code of Conduct.

E. Other Issues

1. No one may use the FSCI logo or any FSCI intellectual property for merchandising, t-shirts, or other usage without the express written permission of the Executive Director.
2. If required, a player will need to fill out the US Club Soccer medical release or Virginia Youth Soccer Association medical release form.
3. FSCI reserves the right to require a parent to submit a medical release form for the child to participate.
4. FSCI reserves the right to require a parent to submit a birth certificate for the child to participate.